

## **Ginger Dill Dip**

### **Ingredients:**

1/2 cup sour cream

1/2 cup mayonnaise

1 minced or crushed garlic clove

1 tablespoon minced fresh dill

1 tablespoon finely chopped onion

1 (1-inch) piece fresh ginger, peeled and minced

Combine sour cream, mayonnaise, garlic and dill together in a bowl, using a whisk. Add ginger to sour cream mixture and blend until smooth. Chill. Serve with fresh vegetables. Note: You can substitute light mayonnaise, light sour cream, or strained yogurt for the 'creamy' ingredients.